

Congratulations on continuing in your educational journey! Whether you are considering attending North Shore Community College or have already decided to enroll,

BECOMING A STUDENT AT NSCC

What Program is Right for Me?

The first step to becoming a student at NSCC is to decide if you would like to enroll in a degree or certificate program, as well as which program of study you would like to pursue. This link will take you to a page listing all of the programs we currently offer:

Credit Programs of Study

You may also decide that you would like to enroll as a non-credit student. Non-credit courses are a great way to gain new skills, receive additional training and learn a new subject. This link will take you to a page with information about the non-credit programs offered at NSCC: [Non-Credit Programs](#)

There are admissions counselors available at NSCC who can also help you learn more about the different programs here and answer any questions you might have. [Click here](#) for more information about our admissions counselors. [Meet the Counselors](#)

Once you've decided which program is the best fit for you, the next step is to apply to b/MCID 4 uc(c)-2 (o)22

How do I apply to NSCC

Students who want to enroll at NSCC, full time or part time, degree of certificate program must formally apply and be admitted into NSCC. This process is called *matriculation*. Requirements for admission include a high school diploma, GED or the completion of an approved home school program.

Please remember that preadmission counseling is available at both the Lynn and Danvers campuses.

There are two ways you can complete an application:

- [Apply Online](#) Clicking on the link will take you to the online application page. You will be guided through to each step as you complete the previous one.
- or
- Fill out a paper-and pen [Application for Admission](#) and submit it to Enrollment and Student Records office.

If applicable, the next step is to apply for financial aid.

Do I qualify for financial aid?

There are several types of Financial Aid available to students attending NSCC

- Grants are awarded to students who demonstrate the most financial need and satisfy all general requirements for federal financial aid (most grant programs are available to both full time and part time students)
 - There are two general types of grants: federal and state
 - Grants do not need to be paid back
- Loans must be repaid after you leave school or drop below 6 credits. There are several types of loans for which you may qualify:
 - Federal student loans require students to be enrolled in at least six credits in an eligible program of study (degree or certificate)
 - PLUS loans for parents are available for parents of dependent undergraduate students enrolled in at least six credits
 - Private loans may be an option for students enrolled in non-credit courses, continuing education or who are taking less than 6 credit
- Scholarships are awarded through corporations, foundations and other organizations to students based on grades, community involvement, extracurricular activities, athletics, arts or other distinctions
 - Please click [Scholarship Programs and Search Links](#) for more information on scholarships at NSCC
- The Federal Work-Study program offers jobs for students with financial need, allowing them to earn money to help pay their educational expenses
 - Encourages community service work and work related to your field of study
 - Jobs are offered both on campus and off

You will also need to complete the Application for Federal Student Aid (FAFSA). This can be done online at: [FAFSA](#)

Once you have completed the application for financial aid, you will need to take the Computerized Placement Test(s) of CPT's.

I've never had an academic advisor before...

Advisement is provided by the Student Support and Advising Center as well NSCC Faculty advisors. In your first year, you may meet with an academic advisor who is not a staff member in your program. It is always best to check in with a staff member from your program, however, so that you can ensure you are taking the appropriate courses for your degree.

Your academic advisor will meet with you regularly to select courses for each semester and ensure that those courses align with your program requirements and future goals. If you have any questions about your program, your advisor is definitely the person to see!

For more information, please go to: [Student Support and Advising Center](#)

The Path to Accessibility Services

Step 1

NSCC ACCESSIBILITY SERVICES

Accessibility Services works one-on-one with students to review documentation and accommodation requests. We assist with the implementation of accommodations and provide guidance to students with disabilities. We also serve as a resource to faculty and staff.

What will happen to my IEP or 504 Plan?

Your IEP or 504 plan will not automatically carry over when you become a student at NSCC. Students at the college level are required by law to disclose a documented disability in order to request services. Students in higher education, attending colleges or universities, are covered by the Americans with Disabilities Act (ADA) in this law was a

What does disclosure mean?

Two sections back, we mentioned that students at the college level are required to “self disclose” a disability to our department in order to qualify for services. This means that you will need to fill out a “Self Identification Form and Request for Services Form” (we’ll let you know where to find this form very shortly).

This form is used to let us know that you have been diagnosed with what would be considered a disability under the ADA and that you would like to request accommodations and support through the Office of Accessibility Services.

I’m nervous everyone will find out...

This can be a very common concern for students coming into NSCC from high school. The information you provide to us in order to access services is considered confidential and cannot be shared with anyone, by us, without your permission. Even your parents.

Please know that your privacy is important to us.

I'm ready to connect with Accessibility Services, what do I do next?

The NSCC Accessibility Services website is jam packed with great information about the department. You can even see pictures of the staff!

It's really important that you are registered for classes in order to begin this process. We will not be able to review you

What are these accommodations I've heard about?

Accommodations are academic adjustments designed to provide students with disabilities equal access and equal opportunity to participate in programs, courses, services, and activities. Accommodations allow students to be evaluated based on their true abilities.

NSSC offers academic adjustments designed to “level the playing field” for students with disabilities in a mainstream model. All students must learn the same material and are graded according to the same standards. Likewise, all students, including students with disabilities, must comply with the behavioral standards set forth in the College Catalog.

Colleges are not required to provide modifications to a course or program, to conduct testing of learning disabilities, to provide personal attendants or tutors, or to prepare or adhere to IEPs (Individual Education Plans).

What is assistive technology?

Assistive technology is technology used by individuals with disabilities in order to perform functions that might otherwise be difficult or impossible. This can include computer hardware or software, computer keyboards and mice, screen magnifiers, etc. For example, an individual with blindness or low vision might use the computer program, Jaws, a text to speech program which will allow them to listen to print materials for their course.

Please click the following link or visit the NSCC Accessibility Services webpage to access our [Student Guide to Accessibility Services](#). This guide will provide more in depth information regarding the process for requesting accommodations at NSCC, the eligibility requirements for specific accommodations and the rights and responsibilities of NSCC students, Accessibility Services department and staff.

As always, please contact us if you have any questions!

Delta Alpha Pi Honor Society

In May 2011, North Shore Community College started the Beta Kappa Chapter [Delta Alpha Pi International Honor Society \(DAPI\)](#). The initials DAPI stand for Disability, Achievement, and Pride. The

DIFFERENCES BETWEEN HIGH SCHOOL AND COLLEGE

So, we've already talked a little about the differences between high school and college in regard to Accessibility Services but what about in general. How will the classes be different? Will I have more homework? How will I know when my papers or assignments are due? Well, if you've been asking yourself these questions, this next section is for you!

On our website

We pick classes for September in April? Yes, it's true!

When you attend your first Orientation at NSCC, following completion of your placement test, you will meet with an academic advisor. This advisor will help you register for your first semester of classes, based on your program of study and your placement test scores. For each subsequent semester, we strongly recommend you meet with your assigned advisor (you'll receive info about who that is when it gets closer to the start of the advisement period) or with an advisor in Student Support. Your advisor will ensure that you are enrolling for courses which you have the prerequisite for (a course you must successfully complete before moving on to the next course) and a course which meets the requirements for your program.

Advisement for the fall semester, which runs from September to December, usually takes place in April; advisement for the spring semester, which runs from January to May, usually takes place in November.

Help! I'm having trouble with this Math section...

SKILLS FOR SUCCESS

So you're now officially a student at North Shore Community College and you've gone through the process of requesting and being approved for accommodations through Accessibility Services. Congratulations!

There are still some things that that you can do to help ensure you're successful and enjoy your time at NSCC.

What Kind of Learner Am I?

Each individual has a learning style which they prefer and which may aid them in being more successful. For example, someone may prefer to listen to a lecture by an instructor rather than reading textbook material. Someone else might be more successful in courses where they are able to participate with hands on learning activities

It is important to recognize which is your learning style. By doing so, you may be able to incorporate

How Can I Be My Own Best Advocate?

Self-Advocacy is learning how to speak up for yourself, making your own decisions about your own life, learning how to get information so that you can understand things that are of interest to you, finding out who will support you in your journey, knowing your rights and responsibilities, problem solving, listening and learning, reaching out to others when you need help and support, and learning about self-determination.

Knowledge is the key to self-advocacy. Like anything else, the more you know, the better you understand, and the easier it is to explain.

The three most important parts to becoming a self-advocate are:

- Know yourself
- Know your needs
- Know how to get what you need

In high school, you may have told that you were diagnosed with a certain kind of learning disability, or you might have received services such as extended time for testing, but you may be unsure what that meant. A big part of knowing yourself is to learn about the way you learn. If, for example, you have been diagnosed with dyslexia, learning about what that means for you in class, in your day to day life, will allow you to learn what you need. If you have been diagnosed with anxiety, what does it feel like, for you, when you are getting anxious? In addition, what are your strengths? Are you a great writer? Do you love doing Math? Can you play a musical instrument or sing? All of this information will give you the knowledge you need to move on to the next step (e-7?) will give

I'm Stressed Out! How Do I Deal?

Stress is defined as a response to a demand that is put on you. Stress is a normal reaction when your brain recognizes a threat or encounters an unexpected event.

You may experience stress in a lot of different ways:

- Physiological—increased heart rate, high blood pressure, sweating
- Behavioral—you may feel jumpy, excitable or irritable
- Psychological—you may not be able to focus at work or interact effectively with people. You may not be able to make good decisions

These are some examples of what may be a stressor in your life:

- Academics—pressure to succeed
- Dating—relationship problems

- Sleep– you need at least 7 hours of sleep for your brain and body to function at their optimal level. Try to not take naps that last for more than one hour
- Healthy relationships hang out with family and friends you can relate to and share your problems with
- Time management use a planner to help a lot with this
- Organization– learn how to organize your notes, keep track of your assignments and due dates (your disability counselor can help you with this!)
- Budget– create a budget for your expenses, pay your bills first and determine how much you will be able to spend for “fun”
- Spirituality– find meaning in your life, volunteer, connect with others
- Slow Down –take and deep breath and know your limits
- Find a support system– these are people you are comfortable speaking to honestly about your

Sources:

North Shore Community College

AccessibilityServices